

SOUTH NASSAU COMMUNITIES HOSPITAL

Combining Excellence with Innovation



South Nassau Communities Hospital is about you – its mission is to be there when and where you need it. As your hospital, you can count on South Nassau to serve as the guardian of your health, wellness, and quality of life.

South Nassau Communities Hospital is a standard-setting 435-bed hospital that provides state-of-the-art care in cardiac, oncologic, orthopedic, bariatric, pain management, mental health, and emergency services. In addition, it provides emergency and elective angioplasty, is the only hospital on Long Island with the Novalis Tx™ and Gamma Knife® radio-surgery technologies, and operates 14 community-based satellite healthcare programs, including the Center for Weight and Life Management.

The Center for Weight and Life Management, under the direction of Rajeev Vohra, MD, FACS, director of minimally invasive and bariatric (weight-loss) surgery, is designated as a

Bariatric Surgery Center of Excellence by the American Society for Metabolic and Bariatric Surgery. Dr. Vohra and the Center have been on the front line of the latest innovations in surgical weight-loss techniques and medical technologies to help thousands of overweight Long Islanders take back their lives and health.

Among Dr. Vohra's surgical methods for weight loss is the laparoscopic gastric sleeve or sleeve gastrectomy. The gastric sleeve is a procedure that does not involve rerouting or reconnecting the patient's intestines and is therefore a much simpler operation than gastric bypass or duodenal switch. Studies have shown that the gastric sleeve is more effective than the gastric band or gastric bypass at reducing the feeling of hunger, and it lowers the patient's risk of experiencing post-operative malnutrition or vitamin deficiency. South Nassau's program is the leading sleeve gastrectomy program throughout Long Island and Queens.

Overall, South Nassau has successfully performed more than 3,500 weight loss surgeries, including gastric sleeve, gastric bypass, LAP-BAND®, and revisional surgeries like the StomaphyX®. The LAP-BAND was recently approved for use in patients with a BMI as low as

30, with one co-morbidity (such as heart problems or diabetes), making this effective weight loss method available to more patients than ever before. All of Dr. Vohra's weight-loss surgeries are performed laparoscopically, a less invasive surgical method that typically reduces the patient's length of hospital stay. The Center also offers an innovative "Back on Track" revisional surgery program for patients who have had weight loss surgery previously but didn't achieve their goal weight. For patients who qualify, Dr. Vohra and Gregory Nishimura, MD, are among the few surgeons in the U.S. offering single-incision weight-loss surgery. This approach requires a single ½-inch incision in the bellybutton to perform the gastric sleeve or LAP-BAND procedure.

Drs. Vohra and Nishimura are complemented by a comprehensive weight loss team, including a patient liaison, physician assistant, registered dietitian, and psychologist who are there to support the patient throughout his or her weight-loss journey.

For more information about weight-loss surgery or to reserve a seat at a free seminar regarding weight loss surgery, you can call South Nassau's Center for Weight and Life Management at (516) 374-8631. **IMAGE**



Rajeev Vohra, MD, FACS, director of minimally invasive and bariatric (weight-loss) surgery.



Before After

Laparoscopic Weight Loss Surgery

It's Time to Discover the New and Healthier You!

Register today for our **FREE** Educational Weight Loss Surgery Seminar!

Discover the advantages and disadvantages of the various procedures

- Lap Band*
- Gastric Bypass
- Sleeve Gastrectomy
- StomaphyX®
- Revisional Surgery
- Single Incision Laparoscopic Surgery (SILS) surgery without visible scars

Take Back Your Life. Take Back Your Health.

CALL NOW (516) 374-8631

Upcoming Seminars

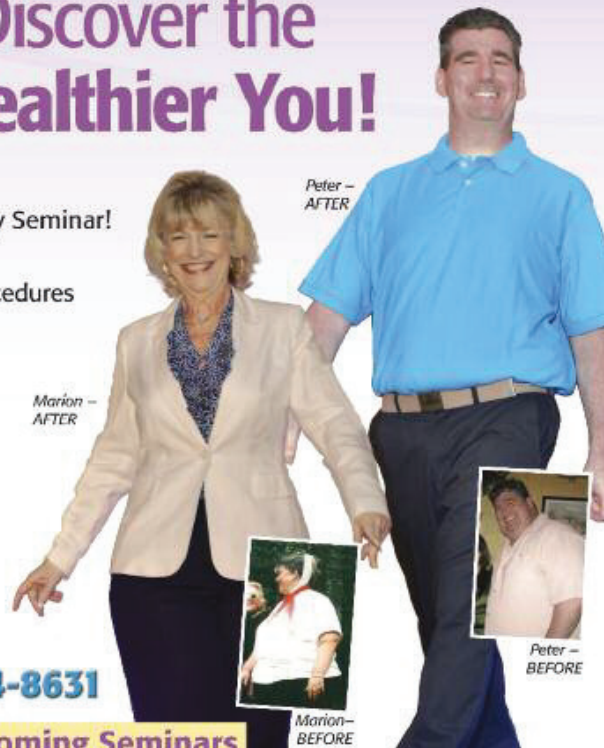
Suffolk
January 23, 2012, 7 p.m.
February 20, 2012, 7 p.m.
Huntington Hilton
598 Broad Hollow Road
Melville, NY

Nassau
January 19, 2012, 6 p.m.
February 16, 2012, 6 p.m.
South Nassau
Communities Hospital
Conference Rooms B and C

Queens
January 12, 2012, 7 p.m.
March 1, 2012, 7 p.m.
Sheraton/JFK Airport
132-26 South Conduit Ave.
Jamaica, NY

Meet Dr. Vohra and His Bariatric Team!

Dr. Rajeev Vohra and his Bariatric Team have performed over 3,500 weight loss surgeries. Our multidisciplinary programs treat the whole you – before, during, and after your surgery – for optimum weight loss results.



Peter – AFTER

Marion – AFTER

Marion – BEFORE

Peter – BEFORE

SOUTH NASSAU HOSPITAL
WEIGHT AND LIFE MANAGEMENT CENTER

Rajeev Vohra, M.D., F.A.C.S.
Chief of Minimally Invasive and Bariatric Surgery

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